

## Our Life Vision and Our Core Values in Christ Woven Together And Our Motto in Christ

**Study Page:** This is a page to study to gain insight into this exercise in coordination with the online video instructions.

A few examples

### 1. List Our Core Values and Good Habits and their Opposites

<b>Core Values</b>	<b>Good Habits</b>	<b>Anti-Core Values</b>	<b>Bad Habits</b>
1. Forgiveness /	forgiving	Revenge /	seeking to get or getting vengeance, getting even
2. Magnanimity /	being magnanimous	Resentment /	nursing past offenses
3. Fortitude /	pursing objectives diligently	Irresolution /	being indecisive, wavering
4. Mindfulness /	actively judging micro/macro thoughts according to your Core Values and Life Vision	Mindlessness /	allowing micro/macro thoughts to drive you without regard for your Core Value and Life Vision

An Example of a few lines of a completed download in Christ:

### **Step 1A:** List Our Core Values and Good Habits in Christ and their Opposites

<b>Core Values in Christ / Good Habits</b>	<b>Anti-Gospel Attitudes / Bad Habits (Sins)</b>
1. Forgiveness / forgiving as Christ forgives us]	Revenge / seeking to get or getting vengeance, getting even
2. Compassion / extending compassion as Christ has extended his compassion to you	Resentment / nursing past offenses
3. Fortitude / pursing gospel objectives diligently	Irresolution / being indecisive, wavering about gospel teachings and commandments
4. Mindfulness / actively judging micro/macro thoughts according to your Core Values and Life Vision in Christ	Mindlessness / allowing anti-gospel micro/macro thoughts to drive you without regard for your Life Vision & Values in Christ

**When you finish studying, restart the video for further instructions.**

**Step 1A: List Our Core Values & Good Habits in Christ and their Opposites**

<b>Core Values in Christ/ Good Habits</b>	<b>Anti-Gospel Values/ Bad Habits (Sins)</b>
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

**When you have finished Step 1A, restart the video for the instructions for Step 1B.**

**When you have finished Step 1B, restart the video for the instructions for Step 1C.**

**When you have finished Step 1C, restart the video for further instructions.**



3. An Example of a Life Vision in Christ in one sentence.

Know and do the Father's will of pure goodness 24/7 in our family with the heart and mind of Christ.

**Step 3. Write Your Life Vision in Christ in one sentence.**


When done, restart video for further instructions.

4. An Example of a personal<sup>1</sup> motto in Christ"

Have the Mind of Christ 24/7 in our family!
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**Step 4. Write Your Motto in Christ**

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When done, restart video for further instructions.

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<sup>1</sup> Here is an example of one of our corporate motto: The Institute's motto regarding the validity of our LTH program in Christ: **"Only by the fruit we will know!"**

